

## January Meeting Minutes

1/10/2024

Salt Brook Cafeteria – 7:00pm

1. Call to Order and Flag Salute
2. Special Guest: Julie Spoerl, Elementary Technology Coordinator - Digital Empowerment Presentation for Parents
  - a. Link to presentation is available on PTA website under School Info ([Digital Empowerment for Parents 2024 - Google Slides](#))
  - b. Printed slides included with meeting minutes.
3. Principal's Report – Please see attached.
4. Approval of Minutes - Oct 2023 Meeting – Minutes have been approved and are available on the PTA website.
5. Debbie Merrick joined from the NP Alliance to talk about the workshop series *How to Support Your Child's Mental and Emotional Health*.
  - a. January 10th - There will be a zoom recording available from tonight's workshop.
  - b. Jan 25th - 7:00-8:30pm there will be an in-person workshop at the NPHS Media Center.
  - c. Visit [Parent Workshop Series \(givebutter.com\)](#) for more info and to register.
6. President's Message / Announcements
  - a. Registration is open for MLK Day @ Zumbini with Allie, this is a fundraiser for the PTA
  - b. We are partnering with LINC to run the Souper Bowl food drive in Feb. more info to come.
7. Treasurer's Report – Available on the PTA website
8. Correspondence Report
9. Committee Reports
  - a. Apparel Sale
  - b. Spelling Bee (Jan 29th)
    - i. [Spelling Bee - Salt Brook PTA](#)
  - c. Sweetheart Dance (Feb 2)

- i. [Sweetheart Dance - Salt Brook PTA](#)
- d. Party for a Purpose (March 22)
  - i. [Party for a Purpose - Save the Date -2024 - Salt Brook PTA](#)

10. Open Forum

# ***PTA MEETING***

*JANUARY 10, 2024*

## **I. HAPPY NEW YEAR / Thank You!**

- Thanksgiving Food Drive - benefited NP LINC Food Pantry
- Toys for Tots - police community service drive. Huge participation from our SB families. Thank you so much for your generosity!
- Thank PTA for holiday staff breakfast and luncheon
- Great to welcome everyone back in 2024!

## **II. “NP PALS WITH PAWS” THERAPY DOG PROGRAM - Bailey Drexinger**

- Certified through Creature Comforts Pet Therapy and overseen by organization
- Will be at SB on Fridays beginning in late February/ early March
- Bailey has been trained to provide comfort, support, and affection to children and adults.
- Bailey will help to:
  - Support Academic and Behavior Goals i.e. practice their reading by reading stories to Bailey, practicing math skills with Bailey, incentive/rewards, earn special time with Bailey, go for a walk with Bailey
  - Provide Emotional Support and Reinforce Social and Emotional skills i.e. tolerance and acceptance, social communication, taking turns, ask/answer questions. Bailey will also help to de-escalate situations and provide non-aggressive crisis response by calming a student’s intense emotions/feelings, stabilizing their mood, and helping to alleviate disruptive behavior.
  - Be a calming presence and create an atmosphere of joy
- Typical Day for Bailey: Greet students when they arrive on Fridays and say goodbye at the end of the day, visit classrooms, meet with individual and/or small groups of students, go to recess and/or lunch, walk the halls. Students will be able to pet and talk to Bailey while meeting with Mrs. Drexinger individually and during classroom visits.
- Student participation in the program will be contingent upon a parent/guardian opt-out form.
- Bailey will remain on leash with Mrs. Drexinger when he is outside Mrs. Drexinger’s Office and/or around students.

## **III. UPCOMING STANDARDIZED ASSESSMENTS**

- In View – Grades 3 and 5, January 31, 2024. Parent letters sent out.

- NJSLA (Grs. 3 - 6) and NJSLS Science (Gr. 5) - Still scheduled by NJ State Dept. of Education. May 6 -15, 2024. Parent letters will be sent out closer to the testing dates with specific details.

**IV. DISTRICT/SCHOOL CALENDAR UPDATE**

**V. BOND REFERENDUM - HVAC UPDATE**

**VI. TECHNOLOGY PRESENTATION - Ms. Julie Spoerl**





→ To give parents knowledge and tools to help keep kids safe online! Topics we will cover include:

- ◆ Social Media and Excessive Technology Use
- ◆ Smartphones and Monitoring Strategies
- ◆ Cyber Bullying and Legal Actions
- ◆ Identity Safety/computer security



Presentation Link: <https://tinyurl.com/npparent>

What social apps and websites  
are kids using today?

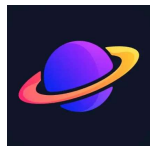
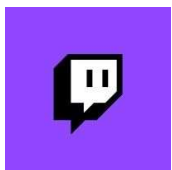
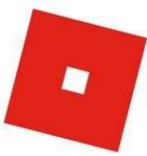
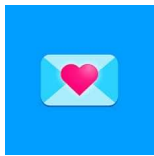


QUIZ TIME

The text "QUIZ TIME" is rendered in a playful, marquee-style font. Each letter is thick and outlined, with small yellow dots along the edges, resembling a neon sign. The letters are colored in a variety of bright colors: 'Q' is teal, 'U' is yellow, 'I' is teal, 'Z' is red, 'T' is yellow, 'I' is red, 'M' is teal, and 'E' is yellow. The letters are set against a white background with a soft shadow underneath.

Presentation Link: <https://tinyurl.com/npparent>

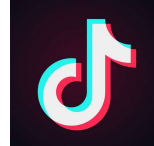
Social Media/Gaming Apps



# Social Media/Gaming Apps



Snapchat



Tik Tok



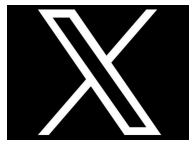
Omegle



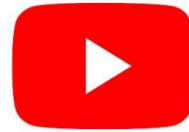
Discord



Facebook



X



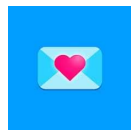
YouTube



Reddit



Instagram



SendIt  
(SnapChat)



Roblox



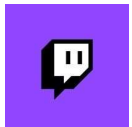
WhatsApp



Pinterest



XBOX LIVE



Twitch



kik



BeReal.



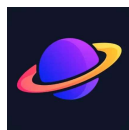
Google



Playstation  
Network



Messenger Kids



Saturn



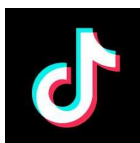
Meet Me



Gas (Melt, Crush)

But there will always be new ones, every day, that we cannot predict. What will be next?

## Privacy Policy Examples



**Tik Tok:** Kids Mode is designed for Children residing in the United States. It allows Children to engage with TikTok’s fun video features while limiting the information collected from them. Children can view videos from other creators and explore their creativity by capturing their own videos with music and special effects. While Children may save these videos directly to their device, the videos will not be saved by us or viewable by other users. Children also have a more limited interactive experience and they cannot exchange messages with other users, and other users cannot view their profiles.



**SnapChat:** Our services are not intended for — and we don’t direct them to — anyone under 13. And that’s why we do not knowingly collect personal information from anyone under 13. In addition, we may limit how we collect, use, and store some of the information of users under 18



**Instagram:** We require people to be at least 13 years old to sign up for Instagram. People can confirm their age by providing their birthday, photo identification, and/or submitting a video selfie. Confirming your age is a requirement for everyone on Instagram.

## Privacy Policy Examples (cont.)



### Discord:

- Discord's Terms of Service require people to be over a minimum age to access our app or website. **The minimum age to access Discord is 13**, unless local legislation mandates an older age.
- In [Discord user created servers], ***age-restricted content must be posted in a channel*** marked as age-restricted, which cannot be accessed by users under 18. For Direct Messages, we recommend that every user under 18 activates the explicit media content filter by selecting "Keep Me Safe" under the "Safe Direct Messaging" heading in the Privacy & Safety section of their User Settings. When a user chooses the "Keep Me Safe" setting, images and videos in all direct messages are scanned by Discord and explicit media content is blocked.

What do you consider excessive technology use/screen time?



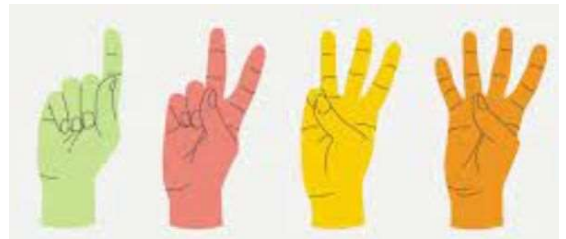
Presentation Link: <https://tinyurl.com/npparent>

# How much time is too much time?

How many hours do you think is an excessive amount of time on a personal device for recreational use for 10-12 year olds?

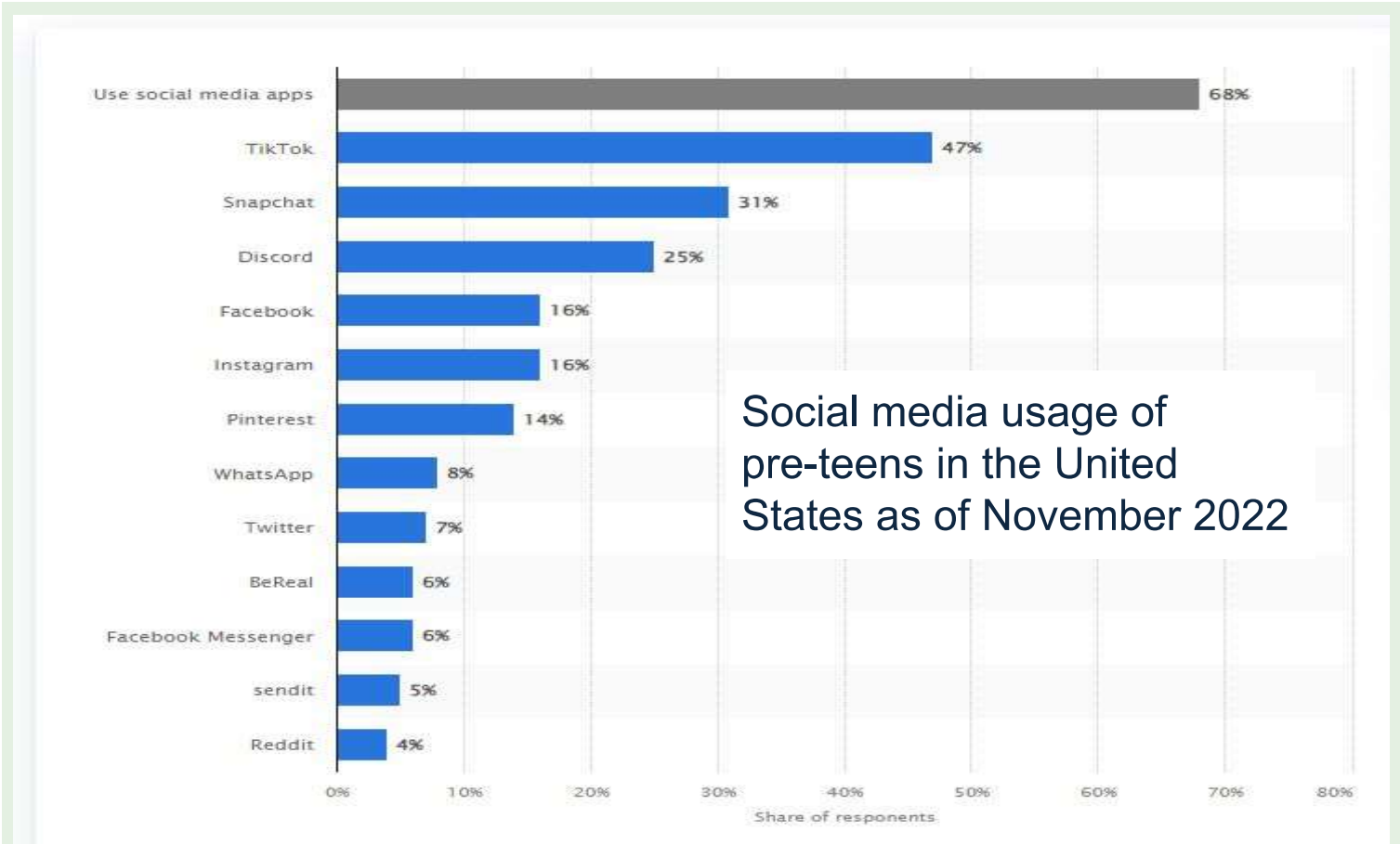


- 1 hour
- 2 hours
- 3 hours
- 4 hours



Let's take a look at some statistics....

# Some Current Stats



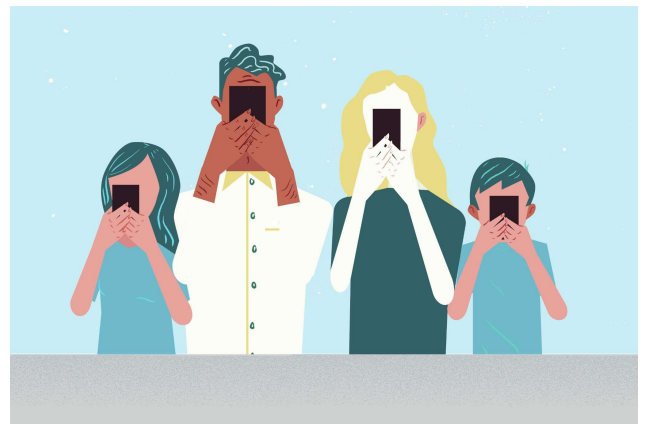
Social media usage of pre-teens in the United States as of November 2022

Overall, 47 percent of respondents aged 11 to 12 years were using TikTok, and 31 percent were using Snapchat. Both TikTok and Snapchat state that users of their apps must be at least 13 years of age, with the latter being in compliance with the U.S. Children's Online Privacy Protection Act (COPPA). Even though Discord and Facebook also have age restrictions of 13 years, 25 percent and 16 percent of pre-teens were using the online platforms, respectively.

## Why limit social media and screen time?

- Increase in mental health issues such as depression and anxiety
- Can lead to obesity, sleep disturbances, hinder social skills, and promote aggressive behavior
- Exposure to inappropriate content
- Can be addictive and can limit time spent on other activities
- Affects real life social skills
- Not of legal age for most social media apps
- Can be dangerous - (Wayne NJ Example)

For more info, see this recent [News Report](#)



Man charged in kidnapping of 11-year-old he met through Roblox from her NJ home: police



Video is 1 min. in length

January 10, 2024 NJ.com News Article:

<https://www.nj.com/passaic-county/2024/01/man-sexually-coerced-11-year-old-nj-girl-he-met-playing-an-online-video-game-cops-say.html>

Police in Wayne were called Sept. 10 to the Quality Inn, where the girl's family was living, after her mother realized she was missing, authorities said. The girl's brother told police he saw his sister leave the hotel room at 5 a.m. with her backpack, assuming she was going to school, but she left behind her wallet and phone, authorities said.

The girl's mother told Wayne police her daughter might be with someone named "Darius" whom she had been communicating with since June and previously disappeared with for hours from their home in Paterson, authorities said. The mother told police Darius was communicating with her daughter on Discord, Snapchat and TikTok, authorities said.

# How can parents help keep kids safe online with filters and monitoring software?



Presentation Link: <https://tinyurl.com/npparent>

# Things to Think About

In App Settings to Look at:

- Location Sharing
- Privacy Settings
- Chat restrictions
- Browsing History
- App Age Restrictions
- Discuss Privacy Info with Your Child



## Roblox Example

### Additional Security

- [Account Restrictions](#)

This feature allows parents to limit the types of experiences the child can play, and the account's ability to chat. Enabling Account Restrictions will lock an account's Contact Settings so that no one can send messages, chat in-app or in-experience with the child. Account Restrictions will also limit play to experiences that are on a pre-approved list that has been verified by Roblox.

- [Parent PIN](#)

Parents have the option to add a four-digit PIN to lock the account settings. Once a PIN is added, it will be needed to make any changes to the account settings. This feature protects your password, email address, and privacy settings.

- [2-Step Verification](#)

This feature makes it so no one else can login to the account even if they know the password. When your child logs in from a new device Roblox will send you a code via email. The player can not log in without that code. Since only you have access to your email account, only you will be able to get the security code.

Learn more about how we keep kids safe and our parental controls with our [Parents Guide](#).

# Smartphone/Device Restrictions and Settings

## iPhone:

[Apple Screen Time and Parental Controls](#)



## Android:

[Google Family Link](#)



## 3rd Party Apps/Cell Phone Provider Options:

- [Life 360](#)
- [Verizon Smart Family](#)
- [Verizon Wifi Controls](#)
- [AT&T Secure Family](#)
- [Comcast Xfinity XFi](#)

## Other Resources:

[Microsoft Family Safety](#)

[Amazon Kids](#)

[YouTube for Families](#)

## Safe Smart Phones and Services

Troomi and Pinwheel and Gabb and Bark:

### Safe Smart Phones for Kids

- GPS Location
- SafeLists for Contacts
- Monitor texts and calls
- Internet limitations/Monitor Content
- Manage screen time
- Other safety features
  - No social media
  - Limited or no games

bark 

 pinwheel





**For Your Child's School Device**

## JAMF Parent Instructions



Presentation Link: <https://tinyurl.com/npparent>

# Great Online Resources for Parents

## Common Sense Media

Reviews, Advice, Tools and more. For Parents, Educators, and Advocates.

- App Reviews
- Movie and TV Show Reviews
- Book Reviews
- Parent Information about Cell Phones, Screen Time, Online Safety, etc.

App Review Example:

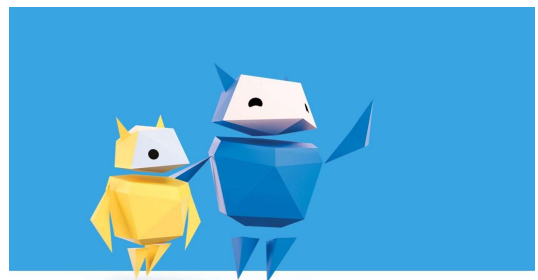
<https://www.commonsensemedia.org/app-reviews/tiktok>



## Be Internet Awesome for Families

(Google)

- Digital Safety Resources for the Home
- Family Pledge
- Family Online Safety Agreement
- Internet Awesome Tips
- Family Link Parent's Guide



# Family Online Safety Agreement for ages 13 and under



## Family Online Safety Agreement



Online safety is a partnership. To make sure everyone stays safe and responsible on the Internet, it's important for kids and adults to agree on the ways that personal devices and technology will be used.

- Be honest and share with me/us what you're doing online
- Always be kind and polite to others online
- Think before you post a comment, photo or video
- Go online at times that we agree and respect limits
- Don't access inappropriate content or apps
- Use security and privacy settings
- Tell me/us if you see bad or disturbing content and report it online
- Have fun, be creative and explore safely

What other rules are best for our family?  
\_\_\_\_\_  
\_\_\_\_\_

I agree to these rules.  
\_\_\_\_\_

Child's Signature \_\_\_\_\_ Date \_\_\_\_\_  
I/we agree to enforce these guidelines fairly. However, using technology is a privilege, and there will be consequences if you break the rules. I/we will friend and follow, but not stalk you online.  
Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

For more information:  
[fosi.org/parenting](https://fosi.org/parenting)

# Cyberbullying and Legal Actions



Presentation Link: <https://tinyurl.com/npparent>

## HIB Definition

Harassment, Intimidation, or Bullying (HIB) means **any gesture, any written, verbal or physical act, or any electronic communication**, whether it be a single incident or a series of incidents, that is **reasonably perceived** as being motivated either by any **actual or perceived characteristic**, such as race, color, religion, ancestry, national origin, gender, sexual orientation, gender identity and expression, or a mental, physical or sensory disability, or by any other distinguishing characteristic, that **takes place on school property, at any school-sponsored function, on a school bus, or off school grounds** that substantially disrupts or interferes with the orderly operation of the school or the rights of other students and that:



## What happens if it's reported to police?

1. Generally referred to the Juvenile Detective
2. Age difference are established
3. Statement taken from Victim
  - a. Collect Evidence
4. Follow-up statement with involved parties
  - a. Collect Evidence
5. Obtain Search Warrants
6. Finalize case Disposition



## Cyber Harassment - 2c:33-4.1

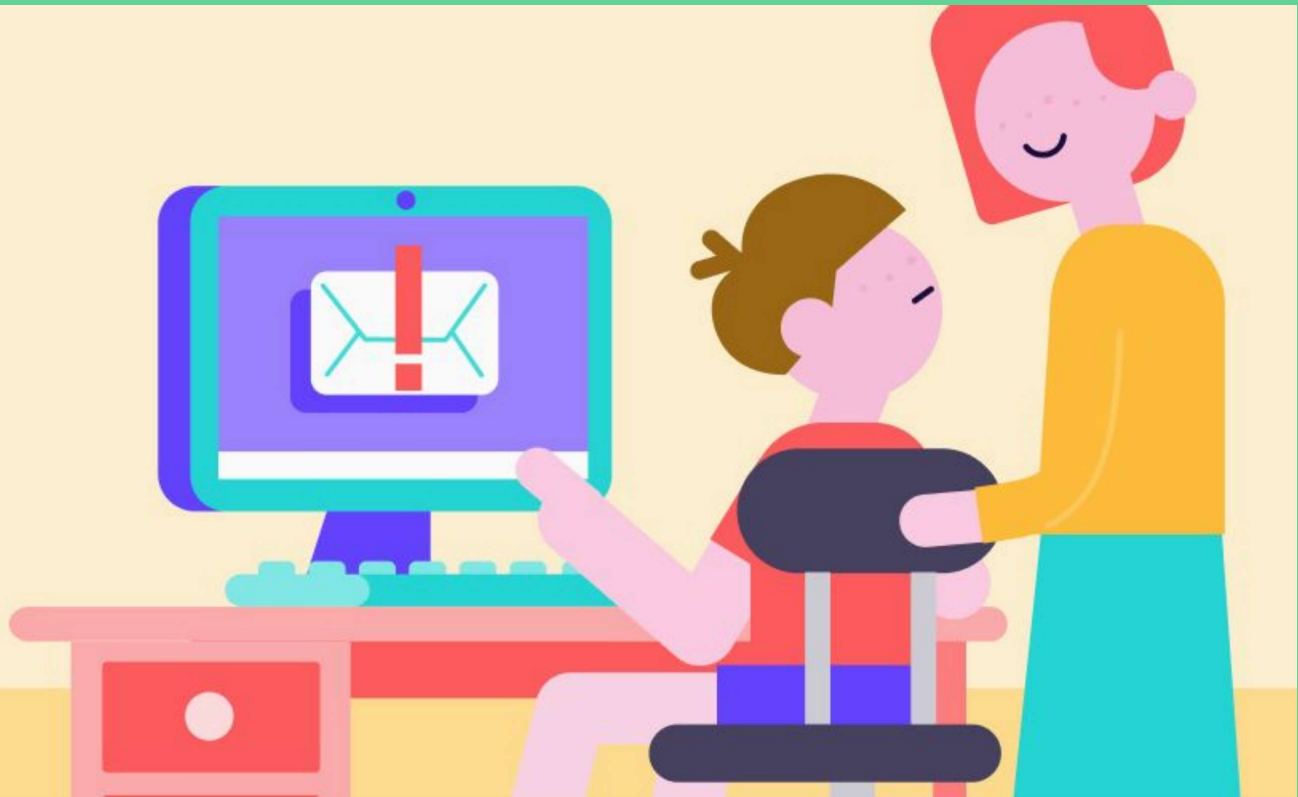
- One or more communications via any electronic device (computer, cell phone, phone calls, social media) for the purpose of harassing another by
  - threats of physical harm to person or property,
  - knowingly sending or posting comments with the intent to emotionally harm someone or put them in fear of harm, and
  - threatens to commit any crime against a person or their property.
- If cyber harassment is committed by a person 16 or younger they (and their parent) will be ordered to attend a training program and would be subject to civil action.
- It would also be disclosed on their juvenile record.



## Endangering the Welfare of Children - 2c:24-4

- Any person who engages in sexual conduct which would impair or debauch the morals of a child is guilty of endangering.
  - This includes “portraying a child in a sexually suggestive manner” to depict a child less than completely covered intimate parts by means of posing or to depict any form of contact with an child’s intimate parts.
  - It also includes depicting a child for the purpose of sexual stimulation or gratification of any person.
  - This includes the recording and creation of the pictures, knowingly distributing any pictures, knowingly possessing these pictures with the intent to distribute them, and knowingly storing these pictures.

# Identity Safety, Security, and Scams





Social media gives scammers an unprecedented advantage at little to no expense, reaching billions of users worldwide. They can easily create a fake persona, hack into profiles, pretend to be the user to deceive contacts, and spread misinformation, disinformation, and malinformation ([MDM](#)).

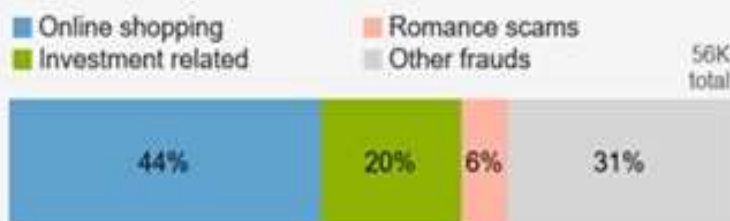
In the first half of 2023, social media was the contact method for over 38 percent of fraud cases reported by people aged 20-29. For people aged 18-19, that figure was 47 percent.

**This email was sent by:**  
**New Jersey Cybersecurity & Communications Integration Cell**

## Top social media scams

January 2023 - June 2023

While the largest share of reports came from online shopping scams, investment and romance scams topped the list on dollars lost.



NUMBER OF LOSS REPORTS



TOTAL REPORTED LOSS

The median individual reported losses were as follows: \$100 (online shopping), \$3,000 (investment related), and \$1,716 (romance scams).

## Further Information and Reading



SOCIAL MEDIA > OPINION

### *From sharenting to cybersecurity: Why sharing your children's information on social media poses serious risks*

Exposure of a minor's private life on the internet can have long-term consequences that carry on even into adulthood



Instagram is full of fathers and mothers who share the lives of their children. That does not make them influencers.  
ADAM HESTER (TETRA IMAGES RF / GETTY)

THANK YOU!

Questions?



Presentation Link: <https://tinyurl.com/npparent>